|  |  |
| --- | --- |
| **Salt consumption** | Description: Percentage of population who think they consume far too much or too much salt |
| Instrument question: D8: How much salt or salty sauce do you think you consume? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Think they consume far too much or too much salt** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 552 | 12.4 | 8.3 - 18.1 | 959 | 12.3 | 9.4 - 15.9 | 1511 | 12.3 | 9.9 - 15.3 |
| 30-44 | 592 | 17.6 | 12.8 - 23.8 | 1034 | 12.0 | 9.1 - 15.6 | 1626 | 14.1 | 11.5 - 17.4 |
| 45-59 | 270 | 11.5 | 5.9 - 21.1 | 442 | 8.4 | 4.6 - 14.7 | 712 | 9.6 | 6.2 - 14.4 |
| 45-69 | 240 | 18.1 | 12.8 - 24.9 | 422 | 11.9 | 8.4 - 16.5 | 662 | 14.7 | 11.4 - 18.7 |
| 60-69 | 110 | 13.8 | 3.1 - 44.2 | 256 | 8.5 | 3.6 - 18.7 | 366 | 10.6 | 4.5 - 23.2 |
| **Total** | **1764** | **14.4** | **11.7 - 17.7** | **3113** | **11.5** | **9.8 - 13.5** | **4877** | **12.6** | **11.1 - 14.3** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 997 | 15.2 | 11.2 - 20.4 | 1780 | 12.0 | 9.6 - 15.0 | 2777 | 13.2 | 11.0 - 15.7 |
| Urban | 767 | 13.5 | 10.4 - 17.2 | 1333 | 10.7 | 8.7 - 13.2 | 2100 | 11.9 | 10.1 - 14.0 |